

# CERTIFICATE REQUIREMENTS



The *Emmaus Certificate in Formational Leadership* is a two-year program designed to equip and strengthen spiritual leaders to be discerning agents of transformation and renewal in their own places of influence in the kingdom of God. A program for leaders who desire an ever-deepening attentiveness and responsiveness to the presence and movement of God within their hearts, it will shape and encourage those who are committed to bringing such awareness to bear in their ministry settings.

The Certificate will be awarded at the completion of the following requirements:

## **Pre-Emmaus –**

- Spiritual autobiography

## **Year One –**

- Attend three Emmaus retreats
- Read six assigned books from a prescribed reading list
- Write 3 reflection papers on assigned readings; one on each retreat topic (3-5 pages)
- Craft a Rule of Life (RoL)
- Present RoL to cohort at Emmaus retreat
- Facilitate a state of soul sharing experience in your own ministry setting
- Write a brief description of the state of soul sharing commenting on the participants' experience of being listened to/heard (1 page)
- Take an personal overnight silent retreat
- Write a brief reflection on that retreat experience (1 page)
- Maintain a personal journal for prayerful reflection on your Emmaus experience
- Complete an examen prior to meeting with mentor on what is surfacing in your journal
- Three meetings with an Emmaus faculty mentor (in person or video call)

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## Year Two –

- Attend three Emmaus retreats
- Read six assigned books from a prescribed reading list
- Write 3 reflection papers on assigned readings; one on each retreat topic (3-5 pages)
- Discern a *Ministry Application Plan* (MAP) for your local context  
It may be an adaptation of a current ministry offering or the creation of a new ministry.
- Present MAP to cohort at Emmaus retreat
- Facilitate a small group experience of your choice – e.g., group spiritual direction, a group discernment process, facilitate a dialogue on justice or reconciliation or Christian unity issues, etc., – using Emmaus styled listening practices
- Write a paper on what was learned/observed about the power of listening (1 page)
- Plan and facilitate a soul care retreat.  
The retreat can be a day-long event, or it can last up to two nights
- Write a brief description of the retreat (1 page)
- Maintain a personal journal for prayerful reflection on your Emmaus experience
- Complete an examen prior to meeting with mentor on what is surfacing in your journal
- Three meetings with an Emmaus faculty mentor (in person or video call)

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