

## PROGRAMS

### Passage Year

(September 2017 - May 2018)

- ▶ Spiritual Relinquishment:  
The Way to Love  
Sept. 26-28 2017
- ▶ Spiritual Reading:  
The Gift of the Classics  
Nov. 28-30, 2017
- ▶ Spiritual Guides:  
The Ministry of Listening  
Mar. 6-8, 2018
- ▶ Spiritual Impact: The Mission  
of Jesus and His Disciples  
May 1-3, 2018

### Pilgrimage Year

(September 2018 - May 2019)

- ▶ Spiritual Autobiography:  
The Gift of Being Yourself  
Sept. 25-27, 2018
- ▶ Spiritual Leadership:  
Leading Like Jesus  
Nov. 27-29, 2018
- ▶ Spiritual Practices:  
Scripture, Prayer, & Reflection  
Mar. 5-7, 2019
- ▶ Spiritual Renewal  
The Joy of Sabbath Rest  
May 7-9, 2019

*The most important task of spiritual leadership is hearing Jesus. Without his voice, our congregations are only hearing our voices. And that's not saying much. Discerning the voice of Jesus amidst the wordiness of our world is rarely a solitary act. It takes others. But not just any group of people—or even any Christian group of people for that matter—but a listening, unhurried, transformative community: I have found that at Emmaus.*



**Dave Ripper**

Pastor of Young Adult Ministries,  
Grace Chapel  
Lexington, MA

*As leaders, it's easy to spend ourselves nurturing others while neglecting our own soul. But perhaps one of the most important gifts we can give to those we serve is a deliberate and regular submission of ourselves into the trusted care of the Lord. Emmaus provides a profound and indescribably holy experience that brings oxygen to one's soul and cultivates deeper spiritual formation. It has been a place where I receive deeply needed rest, timely wisdom, and spiritual encouragement. Some of the most miraculous and revelatory flashpoints of my life have occurred while at Emmaus.*



**Amy Lucia**

Vice President, Blackbaud  
Charleston, SC



# Emmaus

SPIRITUAL LEADERSHIP COMMUNITIES

LeadershipTransformations.org | 877-TEAM-LTI

Jeremy@leadershiptransformations.org



A MINISTRY OF LEADERSHIP TRANSFORMATIONS

# Experience

TRANSFORMATIONAL  
COMMUNITY



# Emmaus

Spiritual Leadership Communities



2018-2020 Program



# Emmaus

LTI's Spiritual Leadership Communities are unique groups of leaders who desire ever-deepening attentiveness to the presence and movement of God within their lives and among one another. Each community gathers for four topical retreats over a period of nine months, which include times of prayerful community, shared spiritual journeys, and exposure to practical resources and training. Each retreat is designed to provide a spiritually enriching environment for ongoing encouragement and growth, focused on spiritual formation, discernment, and renewal. It is our hope that by engaging with one another in unhurried, reflective/contemplative retreat settings we will develop a lifestyle of spiritual formation that will deepen our personal intimacy with Christ and ultimately impact our entire ministry context.



**Jeremy Stefano, D.Min.**  
Director of Emmaus  
Leadership Transformation, Inc.



**Gayle Heaslip, M.A.**  
Spiritual Formation Associate  
Leadership Transformation, Inc.



**Stephen A. Macchia, D.Min.**  
Founder and President  
Leadership Transformation, Inc.

## PROGRAM DETAILS

Each retreat begins at 9AM Tuesday and concludes at 1PM Thursday and will include large and small group sharing, worship, fellowship, teaching and prayer, as well as spacious and restful times in silence and solitude. Each retreat will ensure the following offerings:

- ▶ A listening community of sacred companions who desire time to share, learn and grow together
- ▶ State of soul reflections which serve as our re-introduction each retreat
- ▶ Scripture, prayer and reflective disciplines that keep us focused on biblical, contemplative and Trinitarian means of grace
- ▶ Crafting a Rule of Life as the core of our personal growth and spiritual formation group sharing
- ▶ Worship times as a community scheduled throughout each retreat
- ▶ Silent breakfasts both mornings to reinforce the mysterious ways community is formed
- ▶ Silence and solitude blocks each afternoon for personal and spiritual reflection
- ▶ Book study, group discussion and topical teaching sessions based on the retreat theme

*“My soul finds rest in God alone,”*  
Psalm 62:1

### Application Process

Application form available online.

### Location

Salvation Army's Wonderland Conference Center in Sharon, MA  
10 Capen Hill Road, Sharon, MA  
781.784.9824  
(all single occupancy rooms)

### Cost & Payment Plan Options \$2,150 per year

Cost includes overnight lodging and meals, plus onsite printed materials and instruction. Monthly payment plan is available as well as limited scholarship aid. Each participant is responsible to acquire approximately four books per year.

### Certificate in Spiritual Leadership Additional \$250 per year

Certificate of completion requires participation in 8 unique retreats (4 retreats are offered each year); written reflection papers (2-3 pages) on assigned books; crafting of a personal rule of life; completion of an action plan for developing spiritual leadership in your life, workplace, and/or ministry context; taking the Enneagram, MBTI or similar self awareness tool; and participation in mentor meetings between retreats (1 hour session in person or on Skype 3 times a year).